City and County of San Francisco

Mayor London N. Breed

Human Services Agency

Department of Human Services
Department of Disability and Aging Services
Office of Early Care and Education

Trent Rhorer, Executive Director

Key Contacts: HSA Public Benefits Programs and Services

The Human Services Agency (HSA) is San Francisco's home for help with food, medical insurance, job training, child care, supportive services for older adults and adults with disabilities, and more. For more information or assistance with any of these resources, call **415-557-5000**, or visit sfhsa.org.

HEALTH + FOOD

Medi-Cal provides free or low-cost health insurance for low-income people that comes with a range of health benefits and services. Our HSA staff will help you complete an application and review your health insurance options. If you are not eligible for Medi-Cal, HSA staff can help you find affordable private health insurance through Covered California and learn more about health coverage options available from Healthy San Francisco.
For more information or to apply, call **415-558-4700** or **855-355-5757**.

CalFresh helps low-income people and households pay for groceries at most grocery stores, farmers markets and sometimes restaurants. Food assistance benefits are provided on an Electronic Benefit Transfer (EBT) card which looks like any other credit card. The amount you can receive depends on your family size, income, and monthly expenses such as housing and medical costs.
For more information or to apply, call **415-558-4700** or **855-355-5757**.

JOBS + MONEY

CalWORKs – If you are a low-income adult with dependent children or a teenager or adult who is pregnant, you may be able to receive financial assistance, employment and supportive benefits through CalWORKs. Families that participate in CalWORKs may receive the following and more:

- Cash assistance • Child care services • Job training & placement • Education / GED / ESL
- Transportation • Free diapers • Counseling for substance abuse & domestic violence issues

For more information or to apply, call **415-557-5100** or **855-557-5100**.

County Adult Assistance Programs (CAAP) provides cash assistance and employment services for low-income San Franciscans with no dependent children. CAAP Benefits may include:

- Monthly cash assistance • Education support and classes for GED / ESL
- Free MUNI fast pass • Counseling for substance abuse & domestic violence issues
- Job readiness training, counseling, and placement in a job

For more information or to apply, call **415-558-2227**.

ADDITIONAL RESOURCES + INFORMATION

Child Care

The Human Services Agency's Office of Early Care and Education can help you access free and low-cost child care as well as information on preschool and afterschool programs. In partnership with Children's Council of San Francisco, we provide families with assistance paying for child care and referral services to find the best child care to meet your needs. For more information, call:
Office of Early Care and Education: **415-355-3670**
Children's Council of San Francisco: **415-276-2900** | Wu Yee Children's Services: **415-677-0100**

Public Benefits and Immigration

Residents with qualifying immigration status or those who are "lawfully present" can participate in public benefits and assistance programs for food, cash, medical insurance, jobs, and more. Individuals with other immigration statuses may qualify for health insurance coverage through our Medi-Cal program.

Adult Protective Services

Adult Protective Services (APS) assists San Francisco residents 65 and over, or disabled/dependent younger adults, 18-64, who are abused or at risk of abuse or neglect. There are many types of abuse, including physical and emotional, financial exploitation, caregiver neglect, or self-neglect.

Anyone can make a confidential report if they know or suspect that an older person or adult with a disability who lives in San Francisco is being abused or experiencing self-neglect. Our 24-hour hotline is staffed by social workers: **800-814-0009**. To make a report during business hours, call 415-355-6700.

Family and Children's Services (FCS)

Child Abuse Prevention: FCS protects children from abuse or neglect and strives to help families stay together. You can help: anyone can make a confidential report if they know or suspect that a youth who lives in San Francisco is being abused.
Our 24-hour hotline is staffed by social workers who respond to calls: **800-856-5553**.

Foster Care and Adoptions: FCS recruits and supports Resource Families to care for children in foster care and those who cannot be safely returned home. To learn more about opportunities to foster, adopt, or volunteer as an advocate or mentor for foster youth, call **415-558-2200** or visit sfcaresforkids.org.